



Peru

A JOURNEY WITH THE SACRED



WITH DANNIELLE BRYAN

AT WILLKA T'IKA RETREAT CENTER

APRIL 20 - APRIL 27, 2024

8 DAYS / 7 NIGHTS

(Optional San Pedro Add On: April 18th - 20th, 2024)

Experience the Authentic Spiritual and Cultural Wonders of Peru

I warmly welcome you to join me for this luxury retreat into the Sacred Valley of Peru. A land renowned for its mysticism, ancient traditions, and heart centered culture. Visiting the Sacred Valley and spending time in this beautiful place, whether for the first time, or as a returning journeyer, is deeply nourishing on a soul level.

This retreat is designed to open you up to receive the wonderful nurturing qualities of this sacred place. A land that holds centuries upon centuries of ceremony, honoring, and rituals that deepen your connection with the earth, the heavens, and your own soul center.

Come let yourself be bathed in the energy of the land, while trekking through temples, ancient cities, and visiting some of the oldest ruins. Relax, rejuvenate, and be restored by magical Peru!



Pern A JOURNEY WITH THE SACRED

Retreat Highlights

- Willka T'ika, the #1 luxury garden retreat center in the Sacred Valley—serene, sustainable and enchanting.
- Renowned Seven Chakra Gardens—inspiration of the 3-time gold award-winning book “Chakra Gardens, Opening the Senses of the Soul.”
- Vibrant, organic, vegetarian meals lovingly prepared by Willka T'ika chefs.
- Two sun-filled garden studios for yoga, dance and large group gatherings.
- The round Takiwasi music shala with a fireplace and an array of Andean musical instruments—used for group meditations and ceremonies.
- Our Yachaywasi library has a cozy fireplace and a great selection of English books on all subjects.
- Hiking beneath magnificent Andean peaks in awe-inspiring Sacred Valley scenery.
- Exploration of mysterious ancient cities and temples of Cusco and Machu Picchu.
- Colorful, traditional Quechua, Incan descendants, in their mountain villages, an artist and photographer's dream.
- A professional and passionate local guide who teaches Andean spiritual traditions, culture, history and cosmology.
- Participation in ancient Incan ceremonies with authentic practicing pakkos, Qero healers, who offer authentic coca leaf readings.
- Visit to an isolated mountain community. Experience the heartfelt practice of ayni, Andean reciprocity or exchange and interactive activities with the students.
- Willka T'ika Children's Fund (WTCF) 501(c)(3) nonprofit, assisting over 750 Quechua students from five isolated subsistence-farming communities.
- The Chaskinawasi cottage offers unique quality jewelry, crafts and exclusive Willka T'ika products. Sales support local artists and the mission of the WTCF.

WILLKA T'IKA IS THE PERFECT BASE FOR GUESTS,
WITH SPECIAL ENVIRONMENTS TO TUNE INTO THE

Pure Sacred Valley Energies

AND MEDITATE OR RELAX IN

The Renowned Chakra Gardens





PLEASE SCHEDULE FLIGHTS TO ARRIVE IN CUSCO ON
THE FIRST DAY (APRIL 20TH) BEFORE 11 A.M.



Every Day in Willka Tika

- Four studios/shalas available for our group activities.
- Sacred Chakra Gardens are always available for registered guests.
- Gourmet vegetarian meals served promptly at:
 - 8:00 or 8:30 a.m. (Buffet breakfast), 1:00 p.m. (Lunch), and 6:30 p.m. (Dinner).
- Fresh herbal teas are available from 6:30-9:30 a.m. and 3:30-5:00 p.m.

DAY 01. SATURDAY, APRIL 20TH | ARRIVAL IN CUSCO

MORNING

Note: Please arrange your flight to arrive into Cusco by 11a.m..

Program begins with one transfer from the Cusco airport to the beautiful Willka T'ika in the Sacred Valley of Peru in Urubamba.

AFTERNOON

3:00 pm: Get all settled into your room and enjoy the beauty of the chakra gardens.

EVENING

6:30 pm: Willka T'ika invites you to a delicious Peruvian dinner. (D)





DAY 02. SUNDAY, APRIL 21st

MORNING

8:00-8:30 A.M. Breakfast

This day is dedicated to Pachamama, Mother Earth. Relax in the splendors of nature and enjoy a tour of the Seven Chakra Gardens. Private coca-leaf readings by appt. with an authentic healer are offered throughout day. Optional guided walk through nearby Rumichaka farming neighborhood where the Quechua campesinos, farmers live.

AFTERNOON

1:00 P.M. Lunch

EVENING

Guests may choose to schedule spa treatments or relax in the gardens. Coca-leaf readings continue from the morning. After dinner, enjoy a full group Andean offering and transformative fire ceremony with our Qero healer. The ceremony begins with personal blessings and serves as a wonderful preparation of mind, body and spirit for the remainder of our trip and visits to sacred sites. (B.L.D)

DAY 03. MONDAY, APRIL 22nd

MORNING

An ayni day. Drive through the Sacred Valley to a Quechua mountain school supported by the nonprofit Willka T'ika Children's Fund. Since 1995, Willka T'ika has supported high mountain community communities where few tourists are privileged to visit. In a reciprocal ayni exchange, the group offers an activity the children can enjoy. The warmth and heart-warming joy of the children, and their openness in bringing guests into their daily lives are special moments not easily forgotten. Afterward, enjoy a riverside bag lunch.

AFTERNOON / EVENING

Continue to the spectacular ruins of P'isaq, overlooking impressive Incan terraces. Hike to the Temple of the Sun and walk in a silent personal vision quest. Return to the main square of P'isaq by bus and visit the famous, colorful market filled with woven goods, jewelry, wall hangings and hand-painted beadwork. Enjoy café or tea in the market square. P'isaq is a photographer's dream. Return to Willka T'ika for a late afternoon group session before dinner. (B.L.D)







DAY 04. TUESDAY, APRIL 23rd

MORNING

Early Breakfast

Tourist train to Aguas Calientes. Tea/coffee and snack served on train. A bus takes you to the sunlit terraces of Machu Picchu. Enjoy a fabulous guided tour of the ancient "City of Light." Experience a journey through the masculine energy temples of political and spiritual power, followed by a deep reconnection of feminine earth energies.

AFTERNOON/EVENING

In the afternoon, hike to Inti Punku, the original Incan Gateway to the Sun or to the Incan bridge. Late afternoon train back to Ollantaytampu where you will transfer to Willka T'ika in time for a late dinner. (B.D)

DAY 05. WEDNESDAY, APRIL 24TH

MORNING

8:00-8:30 A.M. Breakfast

Visit the ceremonial site of Ollantaytampu and its famous Sun Temple. Lunch on own in the quaint picturesque town.

AFTERNOON

Visit the Temple of the Moon for a sacred connection to Pachamama. Return to Willka Tika late afternoon. Schedule an Andean SPA treatment, solar bath or crystal light therapy session before or after dinner. (B.D)





DAY 06. THURSDAY, APRIL 25TH

MORNING

After Breakfast enjoy a guided round-trip hike to the local Maras Salt Flats.

AFTERNOON

1:00 P.M.: Lunch

2:00 pm: Visit a old site with legend and lore of holding a powerful portal.

4:00 – 6:00 pm: Group Cacao Ceremony. The delicious, chocolate beverage is prepared with love by our staff and served in a musical, meditative ceremony by a shamanic facilitator. The sweetness of this ceremony can cause deep relaxation or animated dancing, or both. Come with an open mind and a sweet tooth.

EVENING

6:30: Dinner

DAY 7. FRIDAY, APRIL 26TH| DEPARTURE FOR CUSCO

MORNING

8:00-8:30 A.M. Breakfast

Depart for Cusco - with a stop in the weaving town of Chinchero

AFTERNOON

Visit the vat Inkan site of Saksaywaman overlooking the city of Cusco. Continue on to the ritual fountains at Tampumachay. Participate in a ceremony to honor Yaku, the spirit of water, to open the body's chakras.. A traditional coca-leaf ceremony invites you to tap into the presence and energies of Pachamama, Mother Earth.

EVENING 6:30 pm:

Farewell dinner as a group. We will honor our Guide and Celebrate our time together.

DAY 08: SATURDAY, APRIL 27TH

This day is on your own.

If you are heading home you will depart from Cusco Airport.

If you are staying on for Ausangate use this day to rest and relax before our early morning departure on April 28th.



Landcost

BASED ON DOUBLE OCCUPANCY Adult | 18+ years

\$2985

(includes - lodging, all transportation, Machu Picchu, all sacred site tickets, most meals, and special one on one reading with Medicine Woman Alisha.)

Child | Up to 17 years

\$2350

UPGRADES

Single Garden Room

\$750 (subject to availability)

PRICE INCLUDES:

- All ground transportation within group timeframes as listed in above itinerary.
- 7 nights lodging and meals as indicated in above itinerary.
- All fees to the sacred sites and transport

NOT INCLUDED IN PRICE:

- International airfare to Cusco via Lima, Peru
- 5 Meals not covered in our retreat - Indicated in above itinerary
- Bottled water or alcoholic drinks
Spa services and tips
- Tip for all service providers – Total of \$80 per person in crisp USD. No torn or old USD.
- Discretionary Tip for our guide to be collected on Day 7
- Transportation to airport if leaving outside suggested times listed on day 8 Itinerary
- Additional night's stay in Cusco or Willka T'ika and subsequent shuttle transfers.

Willka T'ika was originally conceived and is lovingly maintained as a private garden retreat center. It is open only to its registered guests

HOW TO REGISTER

Pay your non refundable deposit of \$750 and complete the registration form and waiver.

RESERVATION AND PAYMENTS

- A non - refundable \$750 deposit confirms your registration.
- **January 30th, 2024** - your balance or full payment is due.
- **January 30th - February 20th, 2024** - Registrations must be paid in full at the time of registration at the cost of **\$2985**.
- **After February 20th, 2024** Total price for trip is **\$3135** and must be paid in full at the time of the registration

ARRIVAL/DEPARTURE

Program services begin with a group transfer from the Cusco airport on Day One and end with the group transfer from Willka T'ika to the Cusco hotel on Day 7. Participants arriving at a different time may arrange a private transfer with Willka T'ika or take a taxi. If participants wish to stay longer at the end of the trip, they may request to have a room arranged for extra nights in the same comfortable Cusco hotel. Please advise at time of registration.

Questions

CONTACT

Lisa
(435) 659 - 5728
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www.shamanictwist.com



OPTIONAL TRIP EXTENSION

San Pedro

APRIL 18TH - 20TH, 2024





OPTIONAL SAN PEDRO CEREMONY

APRIL 18TH - 20TH, 2024

For those called to journey and work with the sacred plant medicine of San Pedro with the native Shaman, please see the information below for outline and cost.

Note this extension is limited to 25 participants only, we recommend you register early to ensure your spot.

A JOURNEY WITH THE SACRED PLANT MEDICINE SAN PEDRO

San Pedro (also named Wachuma) is a cactus that has been used as a sacred plant medicine for at least 3,000 years here in the Andes of Peru. It is a medicine that can be used to help us perceive our self-created barriers and limitations, and greatly aids us in opening and connecting with our hearts.

Each ceremony is a reunion with ourselves, Mother Nature and the Divine. It is a medicinal mirror that can help us see where we hold onto self-limiting beliefs and patterns in our lives, gently guiding us toward releasing that which no longer serves us.

San Pedro is often underestimated as a powerful plant medicine, due to its gentleness. However, we have found San Pedro to be incredibly powerful and profound. In our opinion and based on our experience, there are few limits if any to its capacity to help us heal. We prepare our own medicine with sustainably harvested whole San Pedro cactus from the Huaraz district in Peru, with care, love and gratitude. We also replant all our cactus bases, helping to grow the plant population.

The ceremony begins in the morning between 8.30am and 9.00am. After gathering and a brief talk, the medicine is then served to each participant, where after the ceremony begins. After the opening ritual, each guest is free to find their own space to start honoring their process. We ask that all guests refrain from engaging with one another throughout the entirety of the day up until the closing of the ceremony as to respect and give space to each participant's process. Our main intention is for each person to be present to that within themselves that needs attention and expression. It is thus also very important to leave all electronic devices off in your room for the day.

At around noon, your fast will be broken with a bowl of provided fruit salad. We close each ceremony at around 5pm with a gratitude based closing ritual, followed by a grounding, nutritious meal.

Like most plant medicines, the individual experience of the medicine varies for each guest. It is important to remember that no experience is ever like another and that whatever the medicine gives to you is exactly what was needed for that moment. Bernhard remains present throughout the whole ceremony to assist each individual if anything is required. Providing experienced, grounded advice for navigating the experience and a calming, stable presence. Preparations and logistics for the ceremony:

Please let us know in advance if you have any dietary requirements above normal vegetarian food.





We like to ask participants to agree to certain protocol during the ceremonial process – please be aware of this – one of the important things we ask for is a willingness to put off all electronic devices for the day.

PLEASE HAVE WITH YOU THE FOLLOWING FOR CEREMONY

- A hat or cap and some sunscreen.
- Layers of clothing, in case it gets cold, or hot.
- A Water bottle.
- A pen and a journal for the afternoon if needed.

INTENTION

It is beneficial to have a defined intention for a shamanic ceremony. This is what you are aiming towards in the ceremony as well as in the time around or after ceremony. It is not the same as an expectation – as it is better not to have any expectations at all.

The intention helps to remind you why you are here and it focuses your attention towards a particular end. In our experience, it is good to have a positive intention statement rather than a negative one. This means that it is something you want to move towards, not away from (an example would be to live healthy, rather than stop eating unhealthy or stop smoking). It can also be more general, and not specific to a topic if you have nothing specific at the moment. We will most likely discuss this with you before ceremony starts, or shortly thereafter. There is no wrong reason to drink medicine, in our opinion.

DIET AND PREPARATION:

For a good connection with San Pedro, some preparation can have a very beneficial effect. We recommend as clean a diet as possible for the three days leading up to ceremony if only one ceremony is being done. If you are coming for multiple ceremonies, please prepare for 5 days before the first ceremony. Fresh, healthy food and plenty of water is important, as well as the avoidance of pork, excessive sweets, desserts and fat, alcohol, caffeine and recreational drugs (including marijuana). Also, please abstain from any sexual activity for the day before, during and after the ceremony.

On the morning of ceremony, please fast from any food intake, but please do have as much as you need of herbal infusions or water. It is good to start the day well hydrated. The diet has big impact on the ceremonial experience. This is why we recommend it. If it's not entirely possible, as a result of traveling, flights, etc. please do not stress too much about it, just eat as well as you can.

Most prescription drugs and supplements do not interact with the medicine, but we recommend abstaining from them for the day of ceremony. The only exception to this is if taking hormone replacement medication, which if used, may be taken around lunch on the ceremony day if normally taken in the morning.

Mental preparation is also important and for us the most important aspect of this is to show up for the day with willingness. This is willingness to engage fully with yourself, and the plant, whatever might occur or happen, without expectation. This mind-set helps us to really receive whatever it is that San Pedro has in store for us!

IMPORTANT NOTICE

Take note that participating in a ceremony or sequence of ceremonies can be dangerous and includes certain risks. Therefore, please advise us if you are currently on any medication or have any known physical or mental ailments or illnesses as soon as possible.



SAN PEDRO CEREMONY

COST OF EXTENSION

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BEGINNING OF PACHAMAMA TOUR

(April 18th-20th)
DUE AT THE TIME OF
REGISTRATION

COST

Double Occupancy

\$555

Single Occupancy

\$706

INCLUDED IN COST

- Cost of Ceremony
- Accomodation
- 2 meals per day

NOT INCLUDED IN COST

- Shuttle transfer to Willka T'ika on April 18, 2023 – Rate for shuttle is based on number of people; 1-2 \$60 total, 3-5 \$90 total, 6 or more people \$28 per person.
- Tip for our Shaman leading the ceremony – your discretion. Tip will be collected on Saturday morning.

TESTIMONIALS FROM WILLKA T'IKA GUESTS:

"Our San Pedro Medicine Ceremony was an amazing experience. Each of us had an individual, personal experience that was meaningful. It was gentle and spiritual in the beautiful Willka T'ika setting. Our shaman was caring, gentle and attentive to our experience in a knowledgeable and spiritual way. I was very happy to have experienced it." Group Leader, Nov 2018

"As someone who is new to plant medicine, I was pleasantly surprised with my San Pedro experience at the Willka T'ika Retreat gardens. It was profoundly emotionally healing and brought back childhood memories that I had suppressed for decades. Our Shamanic Practitioner and the beautiful gardens provided the perfect space to process my experiences." - Group Participant, Urban Yoga, Nov 2018





OPTIONAL TRIP EXTENSION

Ausangate Trek



APRIL 28TH - MAY 3RD, 2024



DATE S

April 28th - MAY 3rd, 2024

6 days 5 nights trekking and camping on the Holy Mountain of Ausangate.

WHAT TO EXPECT

We will be starting our hike around 10,000' and reaching a high elevation of 17,500' over the course of our 5 days on the mountain. Our pace will be a slow pace and consist of about 5-6 hours of hiking a day. We will have opportunities once we reach our camp to rest, explore the area.

Join us on a breathtaking journey to Ausangate, the most sacred mountain in the Cusco region according to the Quechua people. It will push you physically and nourish you spiritually. Along this challenging trek amid gorgeous snow-capped mountains, you will encounter locals who continue to follow the day-to-day traditions of their Incan ancestors, and you'll view: colorful valleys, turquoise lagoons, glaciers, herds of alpacas and llamas, wild geese, adobe-brick homes, and, of course, the very majestic Ausangate Mountain.

This less-beaten track will lead you to Rainbow Mountain, also known as Vinicunca, Montaéa de Siete Colores, and Painted Mountain. The impressively unique variation in color of the mountain's sedimentary layers is a result of millions of years of mineralogy and weathering.

Of the millions of visitors to Peru each year, be among the small minority to ever embark on such an adventure!

On the last day of our trek together we will be visiting beautiful Rainbow Mountain on our way back to Cusco.

All basic camping gear will be provided for us with our team of guides. All meals, a portable bathroom for our group, transport of our personal things will be taken care of by our guides. You can bring 15 lb duffle bag (duffle supplied) of personal items for our trek.

Includes all transportation to the Mountain and back to Cusco. If you joined the Pachamama tour and stayed with us at Wilka T'ika your luggage will be transported from Wilka T'ika to Cusco on the 21st to our hotel in Cusco.

Your luggage will be stored at Willka T'ikka and transported to our hotel in Cusco for when we return on the 22nd .

This will be a challenging hike and requires you to be in good health and in shape. We will be hiking to just under 18,000 ft. Our guide Silverio is from this area and very knowledgeable about this Sacred Mtn. We will have time to connect with the spirit of the mountain and sit in meditation daily as we build our relationship with Ausangate.



DAY 01. SUNDAY, APRIL 28TH

PACCHANTA / TIKACOCHA

Approximate total hiking distance: 5 km (3.1 miles)

Accommodations: Camping

Meals Served: B/L/D + snack

Highest Point: Tikacocha - 4,580 m / 15,025 ft

Lowest Point: Pacchanta - 4,300 m / 14,105 ft

Cell Phone signal? YES

4:00 am - Private transfer from Willka T'ika to Pacchanta (4,300 m / 14,105 ft). Along the way, on a paved road for about 4 hours, you'll pass the towns of Urcos, Ccatcca, Ocongate and Tinquí. From Tinquí, you'll follow an unpaved road for about 30 minutes until you reach Pacchanta.

8:30 am - While your cook freshly prepares breakfast, you may wish to take a dip in the nearby therapeutic hot springs. We suggest you take this opportunity to rejuvenate as the following days will be long and challenging.

10:00 am - You will now begin your trek. Facing Ausangate the entire way, it's a 3.5 to 4 hour gradual uphill climb to your lunch- and campsite of Tikacocha, in Quechua it means "Lake with Flowers" (4,580 m / 15,025 ft). You'll pass locals and animals such as alpacas, vicuñas, and chinchillas along the way. You may even spot some eagles.

2:00 pm - Lunch and coca ceremony

3:00 pm - Brief guided exploration around the campsite, during which you'll see the turquoise-waters of Lagoon Tikacocha

4:00 pm - Get set up in your tents and relax

5:00 pm - Tea Time

6:30 pm - Dinner



DAY 02. MONDAY, APRIL 29TH

QAMPA PASS / QAMPA PAMPA / PHINAYA

Approximate total hiking distance: 19 km (11.8 miles)

Accommodations: Camping

Meals Served: B/L/D + snack

Highest Point: Qampa Pass - 5,000 m / 16,405 ft

Lowest Point: Tikacocha - 4,580 m / 15,025 ft

Cell Phone signal? YES, but only up to Qampa Pass

5:45 am - Wake-up to coca tea. Pack up belongings.

6:30 am - Breakfast

7:30 am - Begin hiking along a moderately steep path for 3.5 hours to Qampa Pass (5,000 m / 16,405 ft).

11:30 am - Gentle downhill hike of 2 hours to Qampa Pampa

1:30 pm - Lunch

2:30 pm - You'll continue on for 2 more hours on a path that's mostly flat, then gradually downhill, and then flat again, until you reach your campsite: Phinaya (4,500 m / 14,765 ft) -- a tiny town home to many alpaca and llamas

4:30 pm - Rest

5:00 pm - Tea Time

6:30 pm - Dinner





DAY 03. TUESDAY, APRIL 30TH

PALOMANI PASS / AUSANGATE COCHA -

Approximate total hiking distance: 9 km (5.6 miles)

Accommodations: Camping

Meals Served: B/L/D + snack

Highest Point: Palomani Pass (5,200 m / 17,060 ft)

Lowest Point: Phinaya (4,500 m / 14,765 ft)

Cell Phone signal? NO

5:45 am - Wake-up to coca tea. Pack up belongings.

6:30 am - Breakfast

7:30 am - Hike along a zig-zagged, steep uphill path for 4 hours to Palomani Pass (5,200 m / 17,060 ft), the highest point of the trek. Ausangate will appear closer and closer each day.

You'll build another apacheta and then begin your descent for 1 hour 20 minutes.

1:00 pm - Reach your lunch- and campsite: Ausangate Cocha (4,500 m / 14,765 ft). Eat, rest, wander around the lake, rest.

5:00 pm - Tea Time

6:30 pm - Dinner





DAY 04. WEDNESDAY, MAY 1st

ANANTAPATA -

Approximate total hiking distance: 5 km (3.1 miles)

Accommodations: Camping

Meals Served: B/L/D + snack

Highest Point: Anantapata (4,700 m / 15,420 ft) /

Lowest Point: Ausangate Cocha (4,500 m / 14,765 ft)

Cell Phone signal? NO

7:30 am - Wake-up to coca tea. Pack up belongings.

8:15 am - Breakfast

9:00 am - Head out along a gently inclining path for 4 hours to Anantapata (4,700 m / 15,420 ft), your lunch- and campsite for the day

1:00 pm - Lunch

2:00 pm - Sit, chat, relax, take a nap... ENJOY THE GORGEOUS VIEW!

5:00 pm - Tea Time

6:30 pm - Dinner





DAY 05. THURSDAY, May 2nd

WARMISAYA PASS / RAINBOW MOUNTAIN / RED VALLEY -

Approximate total hiking distance: 7 km (4.3 miles)

Accommodations: TBD, Cusco

Meals Served: B/L + snack, Budget for Dinner

Highest Point: Vinicunca Mountain (5,200 m / 17,060 ft)

Lowest Point: Cusco (3,400 m / 11,150 ft)

Cell Phone signal? YES, but only after you reach Rainbow Mountain

5:30 am - Wake-up to coca tea. Pack up belongings. (A quick, early start to avoid the crowds at Rainbow Mountain!)

5:30 am - Breakfast

6:00 am - Begin hiking gradually uphill -- 1 hour -- until you reach Warmisaya Pass ("Standing Woman Pass") (4,900 m / 16,075 ft). Continue gently downhill for 1/2 hour, and then gently uphill for 1.5 hours until you reach the top of Vinicunca (Rainbow) Mountain (5,200 m / 17,060 ft)

9:00 am - Explore the area, take photos and enjoy the view.

9:45 am - Begin your descent through the Red Valley (a different path from which you came so as to avoid the visitors on their way up to Vinicunca). The 2.5 hour path first begins gently uphill, and then it's all a gentle downhill to Quesiuno Village where your cook will prepare your final meal of the trek.

12:30 pm - Lunch

1:30 pm - Private transfer back to Cusco, 3.5 hours

5:00 pm - Arrive at hotel in Cusco (where your luggage will be waiting for you)

DAY 06. FRIDAY, May 3RD

DEPART FOR HOME FROM CUSCO

ALL FOOD AND TRANSPORTATION TO THE AIRPORT ARE TO BE ARRANGED ON YOUR OWN.

Accommodations: TBD, Cusco

Meals Served: B/L + snack, Budget for Dinner

Highest Point: Vinicunca Mountain (5,200 m / 17,060 ft)



AUSANGATE TREK (APRIL 28- May 3rd)

Depart Cusco on May 3rd for Home

COST

\$1,165

ACCOMMODATION

Accommodation is double occupancy in a 4 person tent. (It is spacious enough for 2 people to fit with gear comfortably.)

UPGRADES

Single

Tent **\$35**

PRICE INCLUDES

- Camping Equipment (See details in what we provide)
- Ground transportation
- Tent accommodations

NOT INCLUDED IN PRICE

- Airfare
- Tip for our guides and helpers \$80 per person
- Dinner on the night of April 27th and May 2nd upon our return to Cusco

TRAVEL INSURANCE

We very strongly recommend that everyone traveling internationally purchase travel insurance. For those hiking with us – to Huayna Picchu or Machu Picchu Mountain, the Inca Trail, Choquequirao, Ausangate, Rainbow Mountain, Huchuy Qosqo, Salkantay, Lares, etc., we feel it is essential. Be sure your policy covers: trip cancellation, medical evacuation and high-altitude hiking. Comprehensive policies can generally be purchased up to the day before you travel. It is worth it for the peace of mind. Although we will do everything possible to ensure you have a safe and amazing experience, accidents may occur.

IF YOU'RE ONLY BOOKING ASUGANTE

Please fly into Cusco on the 27th by 11am and get a cab to the Hotel in Cusco. Hotel Information will be provided 6 weeks prior to departure.

WHAT TO BRING

- Sleeping bag rated to 0 degrees
- layers for hiking
- warm long underwear for sleeping
- gloves, hats
- walking sticks (2) - OR you can rent them for \$20 total for whole trip
- Day hiking pack
- Rain Gear
- Water bottles or camel back bladders

WHAT WE PROVIDE

- Tent
- 2 extra blankets
- hot water bottle for sleeping
- 15 lb duffle bag that will be carried by pack horses
- Oxygen will be on hand along with limited horses if needed
- All meals will be provided except dinner on the 21st
- Water to fill bottles daily will be provided

RESERVATION AND PAYMENTS

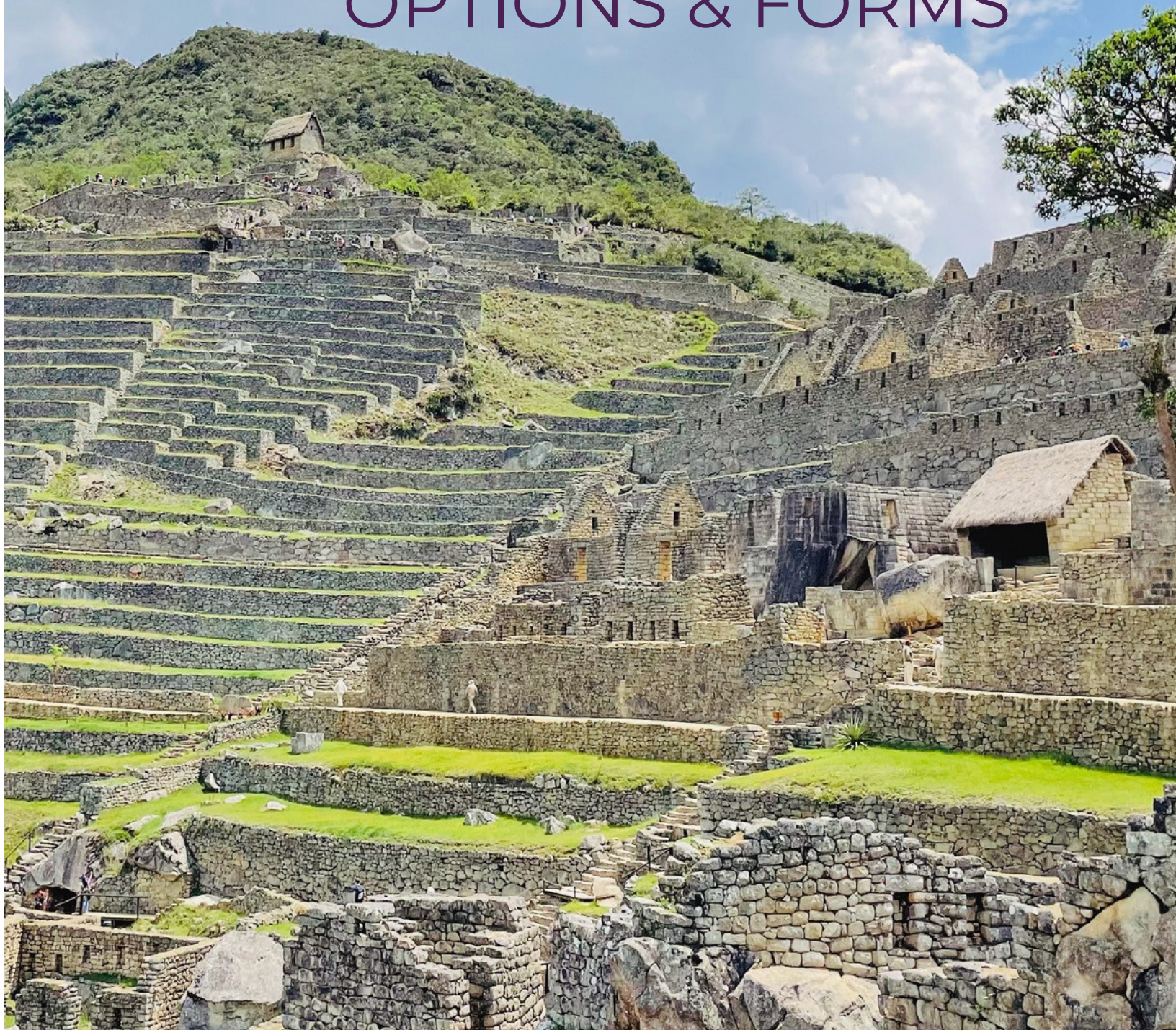
- A non - refundable \$350 deposit confirms your registration.
- **January 30th, 2024** - your balance or full payment is due.
- **January 30th - February 20th, 2024** - Registrations must be paid in full at the time of registration at the cost of **\$1,165**.
- **After February 20th, 2024** Total price for trip is \$1,315 and must be paid in full at the time of the registration



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THE SACRED



REGISTRATION
OPTIONS & FORMS



1

PACHAMA TOUR ONLY

TOTAL \$2985

TOTAL (Single Occupancy) - **\$3,735**

DEPOSIT \$750

2

PACHAMAMA TOUR & SAN PEDRO

TOTAL (Double Occupancy) - \$3,540

TOTAL (Single Occupancy) - **\$4,411**

DEPOSIT - \$950

3

PACHAMAMA & AUSANGATE ONLY

TOTAL (Double Occupancy) \$4,150

DEPOSIT - \$1,100

UPGRADES

☐ Add single room for pachamama - additional \$750

☐ Add single tent for Ausangate - additional \$35

4

AUSANGATE ONLY

TOTAL (Single Occupancy) \$1,250

TOTAL (Double Occupancy) \$1,165 - If available

DEPOSIT \$350

NOTE if doing Ausangate only **YOU NEED TO FLY INTO CUSCO ON APRIL 27TH**

Hotel is included in the price.

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PACHAMAMA, SAN PEDRO, AND AUSANGATE

Total for all 3 experiences (Double Occupancy)

\$4,677

DEPOSIT - \$1,300

UPGRADES

☐ Add single room for Pachamama tour and San Pedro additional \$871

☐ Add single tent for Ausangate additional \$35

☐



REGISTRATION PACKET

PERU: A JOURNEY WITH THE SACRED

APRIL 20TH - APRIL 27, 2024

COST OF JOURNEY: \$2985 USD

Peru
A JOURNEY WITH
THE SACRED

Pachamama Journey

I am in good to excellent health and physical condition. If not please describe any physical disability, medical condition or allergies on a separate sheet. Our journeys are active and we encourage participants to be as fit as possible. All meals served at Willka T'ika Guesthouse are vegetarian.

Name as it appears on passport: _____

Passport Number: _____

Country of Issue: _____

Date of Birth: _____

E-mail: _____

Tel (h): _____

Tel (work or cell) _____

Address: _____

City: _____

State: _____ Zip: _____

Country: _____

ROOM ACCOMODATIONS

- ☐ I prefer shared accommodation and would like to room with: _____
- ☐ I prefer shared accommodation and request to be matched with a roommate.
- ☐ I prefer \$180/person shared accommodation upgrade to Wilka T'ika luxury rooms.
- ☐ I prefer single accommodation for an additional \$750 single supplement



PAYMENT OPTIONS

I have enclosed the following payment for the Peru: A Journey with the Sacred April 20th - April 27, 2024

- ☐ \$750 USD non-refundable deposit
- ☐ Full payment of \$2985 USD
- ☐ Other amount \$_____USD
- ☐ Full payment if registering on or after **February 20th \$ 3,135 USD** (\$150 late registration fee)
- ☐ Monthly payment plan: Available for the remaining balance after non-refundable deposit is made. All payments must be complete by January 30th, 2024.

Optional Extensions | San Pedro

SAN PEDRO + PACHAMAMA | APRIL 18 - 20, 2024:

I want to join the San Pedro Extension from April 18-20th, 2024:

prices include the \$200 ceremony fee, shuttle, and 2 nights lodging and two meals daily.

- ☐ Yes, I want to join the San Pedro Extension at the beginning of Pachamama Tour

PAYMENT FOR SAN PEDRO

- ☐ Full Payment of \$555 USD
- ☐ Deposit Only \$ 200 USD

Optional Extensions | Ausangate Trek

AUSANGATE TREK | APRIL 28th- May 2nd, 2024:

I want to join the Ausangate Trek from April 28th - May 3rd, 2024.

- ☐ Yes, I want to Join the Asugante Trek

PAYMENT FOR AUSANGATE TREK:

- ☐ \$350 non-refundable deposit
- ☐ Full Payment of \$1,165 USD
- ☐ Upgrade to a single tent for \$35/extra



REGISTRATION

PACKET

Pern
A JOURNEY WITH
THE SACRED

FOR CREDIT CARD PAYMENTS AND **THERE IS A 3% SURCHARGE**

Total amount to be charged: \$_____

Credit card type and number _____

Expiration date _____ Security code _____ Zip/Postal code _____

There is a monthly payment plan available for the remaining balance after non-refundable deposit is made. All

Payments must be complete by January 30th, 2024.

Registration

TO REGISTER ONLINE GO TO:

<https://www.shamanictwist.com/travel>

PRINT AND SCAN:

You may scan and send registration forms and credit card info to

lisa@shamanictwist.com

Other Payment Options **FULL PAYMENT DUE BY JANUARY 30TH, 2024**

CHECK / MONEY ORDER

Send check, money order with completed and signed registration form and waiver to:

Dannielle Bryan

Po Box 1183

Kamas, Ut 84036

VENMO @dannielle-bryan-1



FOR MORE INFORMATION OR TO REGISTER VIA PHONE:

CONTACT

Lisa Page
(435) 659 - 5728
lisa@shamanictwist.com

www.shamanictwist.com



Cancellation Policy

☐

INITIAL

For cancellations received sixty days or earlier from scheduled date of departure, we refund all but the \$750 non-refundable deposit. There is no refund for cancellations made within two months of departure. Because our prepayments are not refundable other than under the circumstances listed here within, our cancellation policy must be firm and we strongly recommend the purchase of adequate travel insurance. I, the undersigned will not hold Magical Journey and/or Dannielle Bryan or their officers or agents responsible for any losses or expenses incurred resulting from cancellation of my trip, accident, sickness, stolen or damaged baggage, any default of a common carrier (airline, train, bus, etc.) whether it be a result of insolvency, bankruptcy, or another financial difficulty, or resulting from any other travel supplier-related problem.

TRAVEL INSURANCE

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☐

INITIAL

We very strongly recommend that everyone traveling internationally purchase travel insurance. For those hiking with us – to Huayna Picchu or Machu Picchu Mountain, the Inca Trail, Choquequirao, Ausangate, Rainbow Mountain, Huchuy Qosqo, Salkantay, Lares, etc., we feel it is essential. Be sure your policy covers: trip cancellation, medical evacuation and high-altitude hiking. Comprehensive policies can generally be purchased up to the day before you travel. It is worth it for the peace of mind. Although we will do everything possible to ensure you have a safe and amazing experience, accidents may occur. As noted above, medical evacuation by helicopter costs \$21,000 USD. That's 21 thousand U.S. dollars.

World Nomads is highly recommended by travelers. Here's a recent review: <https://alittleadrift.com/world-nomads-travel-insurance-review/>

<https://www.worldnomads.com/usa/>

PASSPORT VALIDITY

Peru requires 6 months of validity upon Entry into the country. We strongly recommend to have at least one year of validity on your passport prior to travel. The expiration date should be from April 8th 2024 and Beyond. If your passport is less than this, start the renewal process as soon as possible to ensure timely delivery of your passport prior to the trip.

To start your process follow this link:

<https://travel.state.gov/content/travel/en/passports/have-passport/renew.html>

Magical Journey and Dannielle Bryan LIMITATION OF LIABILITY

These paragraphs define our responsibility with respect to our journeys and contracted services. Please read carefully. Your signature below represents acceptance of the following terms and conditions.

I will not hold Magical Journey and/or Dannielle Bryan liable for loss or damage to baggage or property or for personal injury or death resulting from acts, omissions, or negligence of any provider of services or accommodations or due to other causes beyond the control of Magical Journey and/or Dannielle Bryan, or for loss or additional expenses or inconvenience resulting from acts or omissions of any carrier or any other supplier of services or facilities, or delays, cancellations, re-routings and any other action caused by weather, political disturbances, strikes, lockouts, riots, war, terrorist actions, insurrections or any other reason. Magical Journey may, in its sole discretion, cancel or change the schedule of all or any part of any program or extension if it considers such action to be in the general interest of participants or their safety, and I waive all claims against Magical Journey and/or Dannielle Bryan arising from such actions or decisions. Magical Journey reserves the right to substitute guides and to alter the itinerary when necessary. All prices quoted are valid at the time of publication and every effort is made to honor the original published pricing; extraordinary circumstances may warrant revisions and Magical Journey reserves the right to revise final pricing when necessary.

I undertake the following obligations. To declare any known illnesses or pre-existing health conditions and to seek medical assurance that it is safe to partake in a journey of this nature; To sign this legal waiver prior to the commencement of services contracted; To accurately and completely furnish any personal information requested by Magical Journey and/or Dannielle Bryan for the purposes of organizing tour services; To carefully review all information furnished about the requested journey; To understand as thoroughly as possible the physical and mental demands of and risks to be encountered during travel; To properly equip myself for the journey; To respect the customs of areas visited and to refrain from antisocial conduct during the trip; To follow environmental guidelines and regulations while on the trip in accordance with direction from the Magical Journey guide; To always respect the rights and privacy of other participants. At Magical Journey's discretion a participant may be asked to leave the tour or may be disallowed from attending specific segments of the tour if Magical Journey deems participation to be potentially detrimental to the group or to the individual participant.

Cancellation Policy: For cancellations received sixty days or earlier from scheduled date of departure, we refund all but the \$750 non-refundable deposit. There is no refund for cancellations made within two months of departure. Because our prepayments are not refundable other than under the circumstances listed here within, our cancellation policy must be firm and we strongly recommend the purchase of adequate travel insurance.

I, the undersigned will not hold Magical Journey and/or Dannielle Bryan or their officers or agents responsible for any losses or expenses incurred resulting from cancellation of my trip, accident, sickness, stolen or damaged baggage, any default of a common carrier (airline, train, bus, etc.) whether it be a result of insolvency, bankruptcy, or another financial difficulty, or resulting from any other travel supplier-related problem.

Signature: _____ Date: _____

Please Print Full Name as it appears on passport:
